

## TADPOLES

Tadpoles is a technique group coaches by Alex Bennett on Friday nights, during term time.

We are now calling for expressions of interest from swimmers currently training in Viv and/or Eileen's lanes who would like to be considered to join the Tadpoles for term four. Spaces are limited.

Criteria – swimmers must

- be at least 8yrs and up to and including 11yrs.
- fully paid up members of the club.
- keen to race and enter meets involving other clubs.

The Tadpoles would

- swim on a Friday night from 6pm to 6.40pm
- be allocated lanes 3 and 4.
- be required to pay \$25.00 additional to their \$160 sub by 1 November for the term's coaching. (Note term is a short term hence the price has been reduced to \$25.00 – term III was \$30.00)
- be limited to a maximum of twelve swimmers.
- run by the term.

General

- Expressions of interest would be called during the previous term.
- Expressing interest would not guarantee entry to the group. The coaches (Eileen, Viv, Alex and Nevill) will select the swimmers for the term.
- Swimmers in the group can express interest (again this is not automatic) in remaining in the Tadpoles for the following term. However a swimmer's time as a Tadpole is limited to two terms.
- It is envisaged that swimmers will continue to swim on Mondays and/or Sunday's with their normal club coach while they are in the Tadpoles.
- After 'graduating' from the Tadpoles swimmers may choose to move into one of Alex's other groups – the Swordfish or the Penguins, or continue to swim in the volunteer coaches lanes.

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I am keen to be considered for the Tadpoles

Name \_\_\_\_\_ Age \_\_\_\_\_ Date of birth \_\_\_\_\_

Phone Number \_\_\_\_\_ Current Coach \_\_\_\_\_

Circle Session/s currently attending

Sunday 8.30 to 9.30am Monday 6pm 6.45pm 7.30pm Friday 6pm 6.40pm 7.20pm 8pm

Completed forms are to be posted in the black box on the right hand side of the storeroom no later than 7<sup>th</sup> Oct 2011 . Swimmers will be notified by phone during the holidays if they have been successful or not.