



**“Go FOR GOLD”
Short Course Qualifying
Signature Meet**

**Saturday 22 May
WRAC-Kilbirnie**

**Warm up: 4.30 -5.00pm
Start: 5.15 pm**

**“Bag of Loot”- 25 ‘gold’ pieces
to be won by each age group
winner, male and female,
9 & Under, 10/11, 12/13, 14/15,
16 & Over.
Spot prizes!!**

Event		Distance	Stroke
1	Mixed	50	Fly
2	Mixed	100	Fly
3	Mixed	200	Fly
4	Mixed	50	Breast
5	Mixed	100	Breast
6	Mixed	200	Breast
7	Mixed	200	IM
8	Mixed	50	Back
Event		Distance	Stroke
9	Mixed	100	Back

10	Mixed	200	Back
11	Mixed	50	Free
12	Mixed	100	Free
13	Mixed	200	Free
14	Mixed	100	IM
15	Relay	10x50	Free

Conditions of Meet

- Maximum of four events per swimmer, each of a different stroke. IM's count as a stroke.
- Club relay 10 x 50m freestyle mixed – one boy and one girl from each age group, clubs can combine and swimmers may swim up an age group.
- The meet will be conducted under SNZ Rules and local rules as applicable.
- The organisers will if necessary alter the programme and/or refuse entries to allow the meet to finish within the allotted time.
- The organisers will not be responsible for any loss or damage during the period of the meet.
- Age is at the day of meet.
- The meet is short course and will be run as timed finals, with over the top starts. Official short course, converted long course times to be submitted as a cfile accompanied by a fee summary report and swimmer entry report. “No Times” will **not** be accepted.
- Entries close on **Monday 17th May 2010** at 5.00pm with: Lynda Kamstra, phone (04) 479-6114. Please email your entries (TM cfile) to karoripiratesracing@gmail.com

- Entry fees of \$6.00 per swim must be forwarded by Thursday 20 May 2010 to: Karori Pirates Swimming Club, 53 Crofton Road, Ngaio, Wellington. Cheques should be made out to Karori Pirates Swimming Club Inc. Fees can also be paid by direct credit into the Pirates bank account: 03-0502-0590602-01
- No refunds for withdrawals after the circulation of the psych sheets.
- Programmes: \$2.00. Pool Entry \$2:00 per adult. Child \$1.00. Swimmers and Named Officials - Free
- All participants must agree to comply with the Sports Anti Doping Rules.
- Publicity - Entry constitutes consent to photographs for publicity purposes.
- Officials – 1 IOT and timekeeper per club – please contact Karen O’Neil on Karen.ONeil@vuw.ac.nz
- Contestants have to be present in order to claim prizes. Age group prizes consist of \$25 in \$1 coins.
- Officials – no whites.