

SWIMMING WELLINGTON'S JUNIORS REHEARSAL LONG COURSE MEET



Wellington Regional Aquatic Centre, Kilbirnie. Saturday 4th December 2010

Session 1: Warm-up 8.00am Start 8.45am

Session 2: Warm-up 4.00pm Start 4.45pm

TIMED FINALS FOR ALL EVENTS—READ THE SCRATCHING RULE.

**In accordance with SNZ Withdrawal Regulations 3. [3.2],
a SW \$30 late withdrawal fee applies to timed finals.**

Scratchings for Session 1 accepted till 5pm Friday 3/12/10

Session One

Warm up 8.00am Start 8.45am

Session Two

Warm up 4.00pm Start 4.45pm

1	12 & U 400IM	W	17	12 & U 50 Back	W
2		M	18		M
3	12 & U 50 Breast	W	19	12 & U 200 Fly	W
4		M	20		M
5	12 & U 100 Fly	W	21	12 & U 100 Breast	W
6		M	22		M
7	12 & U 200 Back	W	23	12 & U 200 IM	W
8		M	24		M
9	12 & U 100 Free	W	25	12 & U 50 Free	W
10		M	26		M
11	12 & U 200 Breast	W	27	12 & U 100 Back	W
12		M	28		M
13	12 & U 50 Fly	W	29	12 & U 400 Free	W
14		M	30		M
15	12 & U 200 Free	W			
16		M			

Conditions of Entry:

- Only 1(one) No Time entry per swimmer will be accepted.
If lane space available, exhibitions swims may be swum on the night at a cost of \$20 per event.
- Entries close 12:00pm (lunchtime) on Wednesday 1st December; late entries will not be accepted. Entries to be forwarded to operations@swimwn.co.nz and must be accompanied by a cfile or hyv file, fee summary and entry report by swimmer.
- Entry fees of \$8 per event will be invoiced and due for payment before Friday 3rd December 2010. Payable by Cheque to Treasurer, Swim Wellington, PO Box 38245, Wellington Mail Centre 5012 . (One cheque per club please.)
OR
Alternatively one Electronic payments per club can be made to:
WPT 030502-0166158-00.
- 400 metre events restricted to the fastest top 20 swimmers.
- Entry to the pool will be via the side entrance, Kilbirnie Crescent.
\$1 for spectators, \$2 programmes, Free admission for swimmers and named Officials.
Officials to sign in.
- The Organisers will not be liable for any loss or damage during the period of the meet.
All Participants must agree to comply with the Sports Anti-Doping Rules.
- The organisers retain the right to amend the programme if necessary and to refuse entries.
- Contact: Henrietta Latham 04 5600381 or 027 5021854 or Heather Newall 04 9020067 or 0272011142.

There will be no refunds for withdrawals [including medical] after the entries closed on Wednesday 1st December 2010.

Duties: Door = Karori x 2
Runner = Porirua City x 1
Marshal = Raumati x 2

Refreshments = Capital x 3
Recorder = Tawa x 1

