

31 July 2009

This meet will be swum under SNZ Regulations with the specific conditions & criteria:

- Age as at 2nd March 2010.
- The qualifying period is from 3rd March 2009 to 14th February 2010.
- The age groups to be swum for both male and female are 13 years, 14 years, 15 years, 16 years and 17-18 years combined.
- Relay events shall be swum as 15 and under and 16 and over. In any relay event swimmers 15 and under may swim in either their correct age group or 16 and over.
- Relays will be swum as heats and finals if the number of entries is greater than the number of lanes and will be swum at the end of the respective sessions.
- The NZ Disabled Swimming Championships shall be conducted as part of the NZ Age Group Championships. Specific qualifying times and criteria are detailed in the pages following.
- Individual entry times may be verified against the SNZ Results Database. Performances from regional and local competitions not held within the Results Database may not be eligible for entry to national competitions.
- The qualifying times shown are 50 metre times. Qualifying times swum in pools other than 50m must be converted using the SNZ Conversions.
- All swimmers shall only enter qualified events.
- All entries must include swimmer details and times. The swimmers declared entry time shall be the fastest official time swum in the qualifying period. All relay entries must include swimmers' names whose times were used to produce the entry time. Only swimmers who have met at least one required individual qualifying standard may be entered in relay events.
- A maximum of two (2) international visitors may progress from heats to finals in any one event. There is no limit on international visitor entries for timed-finals but only two (2) international visitors may swim in the fastest timed-final.
- All participants must agree to comply with the Sports Anti-Doping Rules.

ENTRIES

REGIONAL ASSOCIATIONS must submit entries for SNZ members. No club entries are permitted. **CLUBS** entries and fees are to be submitted to their **REGIONAL ASSOCIATION**.

CLUBS need to check with their **REGIONAL ASSOCIATION** for their entry closing dates.

Entries close for **REGIONAL ASSOCIATIONS** with Swimming New Zealand **12 MIDNIGHT on THURSDAY 18th FEBRUARY 2010**. Late entries will not be accepted.

NO REFUNDS for any withdrawals (including medical) will be given once entries have closed.

Entries to be submitted by **REGIONAL ASSOCIATIONS** as a cfile or hyv file. Entries to be emailed to events@swimmingnz.org.nz and should include

- Entries by swimmer with proof of time – word format
- Entry fee summary – word format
- Relay names report
- Regional Coaches and Managers Form

Entry fees are \$15.00 individual events and \$30.00 relay events. Entry fees from **REGIONAL ASSOCIATIONS** to be sent to Swimming New Zealand, P.O. Box 38346, Wellington 5012.

PSYCH SHEETS

PSYCH SHEETS will be posted on the Swimming New Zealand website on **FRIDAY 19th FEBRUARY 2010**.

Corrections to the psych sheets are to be sent to events@swimmingnz.org.nz by **12 MIDNIGHT TUESDAY 23rd FEBRUARY 2010**.

FINAL PSYCH SHEETS will be posted on the Swimming New Zealand website on **WEDNESDAY 24th FEBRUARY 2010**.

31 July 2009

50m Qualifying Times

Male					Female					
13 yr	14 yr	15 yr	16 yr	17-18 yr	13 yr	14 yr	15 yr	16 yr	17-18 yr	
FREESTYLE										
28.93	27.82	27.21	26.80	26.30	50	30.25	29.95	29.60	29.50	29.20
1:03.70	1:01.00	59.00	58.50	57.50	100	1:05.50	1:04.75	1:04.50	1:04.00	1:04.00
2:18.50	2:12.00	2:09.50	2:09.00	2:07.00	200	2:24.00	2:22.00	2:19.80	2:19.25	2:19.00
4:52.00	4:40.50	4:37.00	4:35.00	4:33.00	400	4:58.00	4:54.00	4:52.00	4:50.00	4:48.00
					800	10:15.00	10:05.00	10:00.00	9:55.00	9:50.00
19:15.00	18:33.00	18:00.00	17:55.00	17:45.00	1500					
BACKSTROKE										
33.40	31.90	31.10	31.05	30.85	50	34.50	34.10	33.90	33.80	33.70
1:11.34	1:08.60	1:07.13	1:06.81	1:06.37	100	1:14.50	1:13.20	1:12.79	1:12.30	1:12.10
2:33.00	2:29.00	2:25.97	2:25.00	2:23.58	200	2:39.50	2:36.00	2:35.70	2:35.37	2:34.71
BREASTSTROKE										
36.92	35.61	34.72	34.60	34.42	50	38.61	38.13	37.70	37.52	37.36
1:20.25	1:17.17	1:15.47	1:14.96	1:14.28	100	1:24.15	1:23.20	1:22.72	1:22.24	1:21.73
2:53.87	2:48.14	2:46.19	2:44.33	2:43.31	200	3:00.26	2:57.79	2:55.88	2:54.09	2:53.95
BUTTERFLY										
31.41	30.21	29.54	29.34	28.80	50	32.76	32.29	32.10	31.90	31.80
1:10.11	1:06.76	1:05.51	1:05.33	1:03.43	100	1:13.45	1:12.39	1:11.81	1:11.62	1:11.48
2:38.86	2:32.24	2:28.32	2:27.46	2:26.51	200	2:45.12	2:41.30	2:37.92	2:36.99	2:36.49
MEDLEY										
2:37.00	2:30.00	2:27.00	2:25.00	2:24.00	200	2:41.00	2:38.50	2:38.20	2:38.00	2:37.50
5:33.50	5:20.00	5:15.00	5:13.50	5:09.89	400	5:43.83	5:38.00	5:35.75	5:34.10	5:32.68

31 July 2009

Warm-up times, Session start times and Order of Events

Day 1 - Tues 2 nd March			Day 2 - Wed 3 rd March			Day 3 - Thu 4 th March			Day 4 - Fri 5 th March			Day 5 - Sat 6 th March		
Session 1 - Heats			Session 3 - Heats			Session 5 - Heats			Session 7 - Heats			Session 9 - Heats		
Warm-up 7.15 - 8.45am Start 9am			Warm-up 7.15 - 8.45am Start 9am			Warm-up 7.15 - 8.45am Start 9am			Warm-up 7.15 - 8.45am Start 9am			Warm-up 7.15 - 8.45am Start 9am		
1	400m Free	W 13 years W 14 years W 15 years W 16 years W 17-18 years	11	400m IM	W 13 years W 14 years W 15 years W 16 years W 17-18 years	22	200m Free	W 13 years W 14 years W 15 years W 16 years W 17-18 years	33	800m Free	W 13 years W 14 years W 15 years W 16 years W 17-18 years	44	1500m Free	M 13 years M 14 years M 15 years M 16 years M 17-18 years
101	AWD	W S6 - S13	12	400m Free	M 13 years M 14 years M 15 years M 16 years M 17-18 years	122	AWD	W S3 - S5	34	200m Free	M 13 years M 14 years M 15 years M 16 years M 17-18 years	45	200m Fly	W 13 years W 14 years W 15 years W 16 years W 17-18 years
2	200m IM	M 13 years M 14 years M 15 years M 16 years M 17-18 years	112	AWD	M S6 - S13	23	400m IM	M 13 years M 14 years M 15 years M 16 years M 17-18 years	134	AWD	M S3 - S5	46	100m Breast	M 13 years M 14 years M 15 years M 16 years M 17-18 years
102	AWD	M SM5 - SM13	13	50m Fly	W 13 years W 14 years W 15 years W 16 years W 17-18 years	24	100m Back	W 13 years W 14 years W 15 years W 16 years W 17-18 years	35	100m Breast	W 13 years W 14 years W 15 years W 16 years W 17-18 years	146	AWD	M SB4-SB9 SB11-SB13
3	50m Breast	W 13 years W 14 years W 15 years W 16 years W 17-18 years	113	AWD	W S5 - S7	124	AWD	W S6 - S13	135	AWD	W SB4-SB9 SB11-SB13	47	50m Free	W 13 years W 14 years W 15 years W 16 years W 17-18 years
103	AWD	W SB3	14	50m Breast	M 13 years M 14 years M 15 years M 16 years M 17-18 years	25	50m Fly	M 13 years M 14 years M 15 years M 16 years M 17-18 years	36	100m Back	M 13 years M 14 years M 15 years M 16 years M 17-18 years	147	AWD	W S3 - S13
4	50m Back	M 13 years M 14 years M 15 years M 16 years M 17-18 years	114	AWD	M SB3	125	AWD	M S4 - S7	136	AWD	M S6 - S13	48	50m Free	M 13 years M 14 years M 15 years M 16 years M 17-18 years
104	AWD	M S3 - S5	15	100m Free	W 13 years W 14 years W 15 years W 16 years W 17-18 years	26	200m Breast	W 13 years W 14 years W 15 years W 16 years W 17-18 years	37	50m Back	W 13 years W 14 years W 15 years W 16 years W 17-18 years	148	AWD	M S3 - S13
5	200m Back	W 13 years W 14 years W 15 years W 16 years W 17-18 years	115	AWD	W S3 - S13	27	100m Free	M 13 years M 14 years M 15 years M 16 years M 17-18 years	137	AWD	W S3 - S5	49	200m IM	W 13 years W 14 years W 15 years W 16 years W 17-18 years
6	200m Fly	M 13 years M 14 years M 15 years M 16 years M 17-18 years	16	200m Back	M 13 years M 14 years M 15 years M 16 years M 17-18 years	127	AWD	M S3 - S13	38	200m Breast	M 13 years M 14 years M 15 years M 16 years M 17-18 years	149	AWD	W SM5 - SM13
7	4x50m Free C Relay	W 15 & Under	117	150m IM AWD	M SM3-SM4	128	150m IM AWD	W SM3-SM4	39	100m Fly	W 13 years W 14 years W 15 years W 16 years W 17-18 years	50	100m Fly	M 13 years M 14 years M 15 years M 16 years M 17-18 years
8	4x50m Free C Relay	M 15 & Under	18	4x50m Free R Relay	W 15 & Under	29	4x50m Med C Relay	W 15 & Under						
9	4x50m Free C Relay	W 16 & Over	19	4x50m Free R Relay	M 15 & Under	30	4x50m Med C Relay	M 15 & Under						
10	4x50m Free C Relay	M 16 & Over	20	4x50m Free R Relay	W 16 & Over	31	4x50m Med C Relay	W 16 & Over						
			21	4x50m Free R Relay	M 16 & Over	32	4x50m Med C Relay	M 16 & Over						
									139	AWD	W S8-S10 S12-S13	150	AWD	M S8 - S13
									40	4x50m Med R Relay	M 15 & Under			
									41	4x50m Med R Relay	W 15 & Under			
									42	4x50m Med R Relay	M 16 & Over			
									43	4x50m Med R Relay	W 16 & Over			
Session 2 - Finals			Session 4 - Finals			Session 6 - Finals			Session 8 - Finals			Session 10 - Finals		
Warm-up 4.15 - 5.30pm Start 6pm			Warm-up 4.15 - 5.45pm Start 6pm			Warm-up 4.15 - 5.45pm Start 6pm			Warm-up 4.15 - 5.45pm Start 6pm			Warm-up 4.15 - 5.45pm Start 6pm		

31 July 2009

This meet will be swum under SNZ Regulations and the criteria pertaining to the New Zealand Age Group Championships with the specific conditions & criteria:

- Age as at 2nd March 2010.
- The qualifying period is from 3rd March 2009 to 14th February 2010.
- The NZ Disabled Swimming Championships shall be conducted as part of the NZ Age Group Championships.
- The Age Groups shall be swum as Open Male and Open Female. Swimmers will compete in combined class.
- The events that can be swum by each swimmer are as determined by their class and the qualifying times detailed below.
- Swimmers must qualify for at least 1 event and may enter up to 2 additional unqualified events.
- Swimmers must hold a National Classification to be eligible to compete.
- Qualifying times must be swum in a 50m pool.
- All entries must include swimmer details and times. The swimmers declared entry time shall be the fastest official time swum in the qualifying period.
- All participants must agree to comply with the Sports Anti-Doping Rules.

ENTRIES

REGIONAL ASSOCIATIONS must submit entries for SNZ members. No club entries are permitted. **CLUBS** entries and fees are to be submitted to their **REGIONAL ASSOCIATION**.

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- Entries by swimmer with proof of time – word format
- Entry fee summary – word format
- Relay names report
- Regional Coaches and Managers Form

Entry fees are \$15.00 individual events. Entry fees from **REGIONAL ASSOCIATIONS** to be sent to Swimming New Zealand, P.O. Box 38346, Wellington 5012.

AWD Combined Class Events:

- Athletes with Disabilities (AWD) with different classes shall compete in the same event for the same medals.
- Results shall be determined by a percentage of the world record time in relation to each swimmers classification.
- This may mean that a swimmer touching first may not be the winner.

AWD Medal & Placings:

- Placings shall be calculated as a percentage of the world record (as at January 2010) for the swimmers' classification.
- Medals shall be awarded for the 1st, 2nd and 3rd placed New Zealanders based on a percentage of the world record time in relation to each classification (see guidelines for running multi-disability events).
- The swimmer with the lowest percentage against the world record takes first place; the swimmer with the next lowest percentage against the word record takes second place, and so on.

Examples: 3 female swimmers enter the 100m Free

EVENT: Class	Women's 100m Free Group	Result	Standard	%	Placings
S10	AWD Female	1:18.22	1:01.67	127%	BRONZE
S8	AWD Female	1:19.11	1:07.03	118%	GOLD
S7	AWD Female	1:27.62	1:11.61	122%	SILVER

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50m Qualifying Times – NZ Disabled Swimming Championships

Male

CLASS	50FR	100FR	200FR	400FR	50BK	100BK	50FLY	100FLY
S13	29.11	1:04.15	-	5:12.52	-	1:15.17	-	1:11.85
S12	29.58	1:04.40	-	5:07.62	-	1:13.60	-	1:11.73
S11	31.74	1:11.72	-	5:35.88	-	1:22.29	-	1:17.50
S10	29.23	1:04.28	-	4:58.95	-	1:14.55	-	1:10.41
S9	30.35	1:07.34	-	5:08.57	-	1:15.39	-	1:11.27
S8	32.23	1:09.96	-	5:24.12	-	1:22.07	-	1:12.95
S7	34.16	1:15.52	-	5:55.06	-	1:28.90	38.50	-
S6	36.40	1:21.37	-	6:19.44	-	1:31.35	38.38	-
S5	39.79	1:28.38	3:08.37	-	45.98	-	43.95	-
S4	46.16	1:41.63	3:38.84	-	57.36	-	56.85	-
S3	54.24	1:59.84	4:06.40	-	1:04.63	-	-	-

CLASS	50BR	100BR
SB13	-	1:21.69
SB12	-	1:22.79
SB11	-	1:28.57
SB9	-	1:23.18
SB8	-	1:27.07
SB7	-	1:39.60
SB6	-	1:46.66
SB5	-	1:52.43
SB4	-	2:00.51
SB3	1:00.51	-

CLASS	150IM	200IM
SM13	-	2:42.59
SM12	-	2:38.93
SM11	-	2:59.93
SM10	-	2:39.55
SM9	-	2:46.24
SM8	-	2:57.50
SM7	-	3:21.68
SM6	-	3:19.72
SM5	-	3:35.29
SM4	3:10.78	-
SM3	3:47.65	-

Female

CLASS	50FR	100FR	200FR	400FR	50BK	100BK	50FLY	100FLY
S13	33.06	1:11.46	-	5:29.01	-	1:24.17	-	1:19.35
S12	33.60	1:13.49	-	5:54.73	-	1:27.49	-	1:21.64
S11	38.17	1:24.27	-	6:54.30	-	1:43.86	-	-
S10	34.28	1:13.40	-	5:31.31	-	1:27.46	-	1:23.62
S9	35.23	1:15.75	-	5:37.43	-	1:24.51	-	1:24.16
S8	38.11	1:21.29	-	5:52.38	-	1:34.80	-	1:29.30
S7	40.22	1:25.47	-	6:27.88	-	1:42.32	45.63	-
S6	44.12	1:34.09	-	6:53.44	-	1:47.34	48.36	-
S5	43.75	1:34.97	3:24.45	-	53.02	-	58.78	-
S4	1:02.61	2:16.74	4:41.74	-	1:12.73	-	-	-
S3	1:11.94	2:38.41	5:41.88	-	1:16.31	-	-	-

CLASS	50BR	100BR
SB13	-	1:39.25
SB12	-	1:34.29
SB11	-	1:58.56
SB9	-	1:40.67
SB8	-	1:41.00
SB7	-	1:53.24
SB6	-	2:01.98
SB5	-	2:13.19
SB4	-	2:20.07
SB3	1:18.79	-

CLASS	150IM	200IM
SM13	-	2:57.00
SM12	-	3:03.23
SM11	-	3:48.31
SM10	-	3:10.19
SM9	-	3:10.07
SM8	-	3:25.29
SM7	-	3:42.85
SM6	-	3:51.44
SM5	-	4:45.93
SM4	4:07.65	-
SM3	4:54.50	-